

Renewing the mind

Mistreating Women - A Men's Issue

In what ways have you disrespected women in your life?

What does much of the pornography available say about men?

What does much pornography available say about women?

Are these personifications of men and women accurate in the real world?

How is lust a form of disrespect towards women? (Describe the process of lusting)

When we lust after a woman, we undress her, and do what we want to do with her. We think of her as a thing to be used rather than a person with a context (a daughter, a mom, a wife etc...).

Have you ever thought of the ladies or men that are acting in pornography as people and not a commodity?

Please comment on the below quote:

In a society in which so many men are watching so much pornography, this is why we can't bear to see it for what it is: Pornography forces men to face up to what we have become. The result is that no one wants to talk about what is in the mirror. Although few admit it, lots of people are afraid of pornography. Robert Jenkins (Getting Off)

Are you upset that your heart is or has been inclined to think of women in these degrading ways?

In the Bible we read many accounts of men who succumbed to their lust. King David, Solomon, Samson, Gideon, Abraham, Lot, Judah, Amnon, and more all experienced lust in various ways like you or I.

In what ways are you like many of the men in the Bible narratives?

Can you relate to the following comment? Comment:

In intimate moments with a partner during sex, are we engaged in a way that treats our partner like a human being, someone with hopes and dreams and desires of her own? Or are we engaged in a way that treats her like an object, like something—not someone—whose role in the world at that moment is to produce sexual pleasure for Us? pg 109 Robert Jenkins (Getting Off)

How does the Biblical concept of, "It is better to give than to receive," play a part in your sexual life?

Now we would like you to think about the abortion issue for a bit. How is abortion really a man's issue?

Read the following passage and answer the questions below:

Ephesians 5:25 Husbands, love your wives, just as Christ also loved the church and gave Himself for her, 26 that He might sanctify and cleanse her with the washing of water by the word, 27 that He might present her to Himself a glorious church, not having spot or wrinkle or any such thing, but that she should be holy and without blemish. 28 So husbands ought to love their own wives as their own bodies; he who loves his wife loves himself. 29 For no one ever hated his own flesh, but nourishes and cherishes it, just as the Lord does the church.

When God made man, what was he to be for the woman?

How does lust unbridled prevent us from doing this?

When viewing pornography over and over, what does it say about our views of women?

What is at stake if we continue to sexually disrespect people in our life?

Is it ever ok to hit a woman?

What does violence against women show about a man?

How is some pornography similar to domestic violence? (Example: Male control, woman submission, degrading speech to the woman etc...)

We are not saying that watching pornography will make you act out to hit a woman. But what we are saying is this; “What does it say about our hearts if we are finding sexual pleasure in treating a woman harshly against her will?”

After going through this lesson, we suggest you get with a mentor to go over your answers and discuss them.