

UNPLUGGING FROM THE MATRIX



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Re-Thinking Series

- God's Purpose & Design For Sex
- The Principles For Godly Sex In Marriage
- The Life In Grace
- Battling Continued Lust Thoughts
- Unplugging From the Matrix (For Students)
- Love & Lust
- A Fast From Intimacy
- Homosexuality (A Position Paper)



Porn and a Pastor

The Influence of Porn on a Gen X'er
by Beau-James Ouellette

Tate Publishing

"Born in the San Fernando Valley, author Beau James Ouellette was surrounded by porn and its effects. From friends to family members, his childhood was saturated with the ideas and lingo of porn culture. *Porn and a Pastor* is the fact-based assessment of the pornographic industry and its effects on individuals and our culture. *Porn and a Pastor* extends a loving hand to those in need, both to those involved and entrapped in the lifestyle of the industry and to those who are addicted to its product. With a heart for both the believer and the non-believer, Beau James Ouellette unequivocally expresses how Christ's love and sacrifice can overcome any obstacle, even the bondage of pornographic addiction. If knowledge is power, and if the truth will set us free, then Beau's book is precisely the tool that the church needs to be free of the porn industry's devastation. The church simply needs to come to the realization that salvation in Christ is more pleasurable than porn."

116 pages – (paperback)

WHAT MOTIVATES TEENS TO HAVE SEX?

Teenagers want their relationships to bring them intimacy, social status and sexual pleasure, and they have a strong expectation that these goals will be fulfilled if they have sex, according to Greater Expectations: Adolescents' Positive Motivations for Sex,|| by Mary A. Ott et al., publis

Only Jesus can give you true and lasting fulfillment! John 4

DEPRESSED TEENS

According to a recent study published in Pediatrics, highly depressed girls are 50% more likely to engage in risky sexual behavior, and highly depressed teen boys are 70% more likely to do so. Dr. Jocelyn Lehrer, University of California, speculates adolescents who are emotionally distressed and socially isolated may be more likely to seek or be pressured into sexual activity, in the name of some kind of shared intimacy, or to maintain relationships they value. Depression also may make adolescents more vulnerable to sexual pressures and temptations to use drugs or alcohol. At times it's a young person's way of trying to harm themselves. 15-20% of teens experience at least one bout of major depression. Adolescents account for half of all new cases of sexually transmitted diseases. (The Foster Letter: Religious Market Update, Gary D. Foster Consulting)

*My sexual activity as a teen was a sign that I had a heart problem!
Matthew 15:19*

TEEN PEOPLE RELEASES RESULTS OF THIRD ANNUAL TEEN SEX SURVEY

Teenagers who are sexually active; the largest percentage are having sex because they believe they are in love (42%).

Love is patient, lust is not, Love does not seek it's own pleasure, lust does. 1st Corinthians 13:4-7

NATIONAL CENTER FOR HEALTH STATISTICS

Every year there are more than 15 million new cases of STDs in the United States, including approximately 10 million new cases among people ages 15-24. Put another way: By age 24, at least one in three sexually active people will have contracted an STD. Many of those who are infected don't know it.

God never intended sex to hurt you! Distorting sex can! Romans 6:23

Try Before You Buy?
Reaching College Students



I ain't no Bonobo!

Do you know what the Bonobo monkey is known for?

Its crazy sex habits!

Have you ever thought that maybe those that try and teach you about sex think that you are no different than a Bonobo; having sex is simply an instinctual desire - as food is to the stomach, sex is to the crotch!

Atheist Aldous Huxley said, "We objected to morality because it interfered with our sexual freedom."

I grew up in Southern California where we were taught that was exactly the way it was. We came from monkeys, and like 'em, sex is what we do! And that's what we did.

I never thought it was wrong and certainly never thought there would be consequences to such education.

We live in a day where sexual stimulation is everywhere. Better sex, bigger boobs, bigger junk in the trunk. We are fascinated with the pursuit of personal pleasure. Self-gratification is what my generation is all about. Sex is about my body, my desire, what I want to experience. No-one can tell me how to use my body, it's mine...me, mine, I...

What happens when we live for selfish purposes? How many marriages fail today? How many relationships fail today?

It is true that the more sexual partners you have the greater the risk is of not only disease, but future relationship disease! What I mean is the more sexual encounters I had, the more I sought my own self-gratification in those encounters, which in turn lead to an inability to be in a long-term relationship. The reason?

Lust!

When viewers of porn are imitating it, Porn mogul, Al Goldstein said people are imitating "the worst possible kind of sex".

The paradigm that I am picturing is the one of lust as opposed to Love. As long as I sought self-gratification in my relationships failure was just ahead. Lust cannot last, because it is unable to satisfy the human heart.

I struggle with porn. I used to struggle a ton! The porn industry is interesting; it seeks to cash in on customer dissatisfaction! Yep, when we view porn we go from one image to another, to another and so on, it sucks. You can never get satisfied. Lust is unable to satisfy. And those that walk down this road are not having sex with the people they are in the sack with; they're simply selfgratifying with your body as the tool instead of there own hand!

Those in the Porn industry understand this themselves. When reading "The Hardest Man in Showbiz," by the porn star Ron Jeremy, you get the idea that he is sad because he has forfeited something that he longs for due to his self-lifestyle. That something is Love. He has wanted to be in relationship with only one person throughout his life. But because lust becomes an uncontrollable behavior with no room for selfless acts, he has been bound to the thing which he knows causes him to not have what he so wants. That does not sound good.

I actually understand that. So many of us want to have a killer life with someone, but unfortunately we will never have that because of what we do in the here and now. The more sex you have, the more you will compare your future husband or wife with. Sex is no longer special at all, but we have made it common. And when you get to meet the person you think you want to spend the rest of your life with, he will have had 15 partners already and you too! That sucks! You'll be so used to a life of self-gratification that understanding the best part of sex, which is being selfless and giving, will not be in the cards.

"The orgasm has become today's secular sacrament." - Dinesh D'Souza

You might think you're different than the billions of people that have lived before, that crappy for-self sex will not have its consequences in

your life. But please don't believe the illusion of the Matrix. I hope to unplug you!

The Jewish Scriptures are filled with guys and girls that have tried and tried to be the most sexually selfish people ever. King Solomon, of all people, was a

sex maniac and his life was jacked! King David as well, and his family went to pot! Abraham had sex with the maid, Judah slept with his deceased son's wife thinking it was a prostitute because he was horny. Lot drank too much and had sex with his daughters! Come to think of it, I think all porn is a parody to the Bible, from a certain perspective.

Through the paradigm of scripture I understand now that God is real. And He created me and made sex as a way to know Him, and His love for you and me. I love it that the Bible paints the picture that many of the so called 'saints' who have trusted God failed miserably, constantly looking at sex through the wrong lens.

And that includes me too!

When I read the Bible I was 17. I started in Genesis and being raised an agnostic I was blown away by the idea that God made this union called sex and it was already talked about in the second chapter of the Bible!!! The greatest impact on my intellect was the idea that maybe sex is to be special. Maybe I am not a Bonobo after all. Maybe one man and one woman for life was really the Better Pleasure. Maybe I had been wrong.

Today I have been married 20 years! I have learned many killer sex lessons in my life. But the greatest is that in my marriage, sexual arousal today is not from selfish lusting, but from Love. The arousal I'm talking about is that which comes from giving joy to my beloved. She is mine! I am hers! My body is hers, and her body is mine. Arousal is not from lusting her, but from giving of myself to her (Love). That is much different from the idea of, "How can I have better sex?"

Better sex happens when you exalt sex to what it was meant to be, something sacred, special and beautiful, where Love lives and not lust.

The old way of thinking about sex does not work. You are not a Bonobo and that is why it will not work with you either.

One day you and I will be old, and on that day your self-gratification, self-lusting, self-sexuality will not matter. We will only desire at that time to see Love. Love's roots can only go deep in the soil when you see it as special, sacred and Beautiful. For love is not common...lust is.

You were created not to be common, but to be special. I learned that...finally.

Try reading the Bible and learn from its view on sex. It changed my

life. And it would be awesome one day to see you in a killer marriage of 20 years, where it is special and not the 'norm!' Be uncommon. Pursue Love not lust.

***Love you,
Beau J Ouellette***

Posted on February 22, 2013 by Running Light Ministries

