

Keys to Rebuilding

*“The people who survived the sword, found grace in the wilderness;
when Israel sought for rest, the Lord appeared to him from far away. Saying,
I have loved you with an everlasting love; therefore I have continued my faithfulness to you.
Again I will build you, and you shall be built; O virgin Israel!”*
-Jeremiah 31:2-4

Time- *consistency by demonstrating trustworthy behavior over time. (Galatians 6:9)*

Repentance- *for the hurtful act; and a willingness to receive that repentance and let go of the past. (Isaiah 43:18-19)*

Unity- *in the fight. We are on the same team; we must come together to fight and defeat the real enemy. (Ephesians 6:12-13, 1 Peter 5:8-10)*

Submission to God. *We must entrust our hearts to God and open our hearts to the possibility of being hurt again. Without love there can be no trust. (1 John 4:18)*

Two- *becoming one flesh again. We must fight the tendency to separate our hearts; and instead cultivate love, loyalty, and friendship for one another, by clinging to each other, and coming together again. (Mark 10:7-9)*